

The Spiritual Health Assessment for Teachers is designed to help you reflect on your spiritual walk as a teacher of God’s Word. This assessment will help you to evaluate your prayer life, study life, worship life, community life, witness life and ministry life.

Spiritual Health Assessment For Teachers	
<p>Please pray before you begin the assessment. Seek to answer each question honestly before the Lord. <b>There is no true way to measure spirituality.</b> Use this experience to reflect on your spiritual health. Use the scale below to respond to each statement. The final score is for comparison purposes once you complete this assessment again after you have engaged and completed twenty one days of your plan for greater sanctification.</p>	
<p>Never - 1      Rarely - 2      Occasionally - 3      Frequently - 4      Always - 5</p>	
Prayer Life	RESPONSE
1. I pray for help to live a life of obedience regarding the things I teach others from God’s Word	
2. I pray regularly for the needs of my class members.	
3. My prayers include praise, confession, thanksgiving, and petitions.	
4. I regularly ask the Holy Spirit to bring to mind any unconfessed sin or attitude that is hindering my relationship with Him and His blessing of my teaching.	
5. I pray for the Lord to make me mindful of stories that will make good illustrations for Bible lessons.	
6. I pray for the Holy Spirit to illuminate His Word when I am studying Scripture for a lesson.	
7. I spend time listening to God as a part of my prayer time.	
8. I pray for guidance prior to writing or developing a Bible lesson plan.	
9. I pray for strength and anointing prior to presenting a lesson.	
10. I ask the Holy Spirit to open the hearts of my listeners prior to teaching.	
Prayer Life Total	
Study Life	
1. I read and study God’s Word regularly.	
2. I have memorized many passages of Scripture and I continue to memorize Scripture on a regular basis.	

3. At least once a week, I listen to sermons and Bible study lessons taught by others.	
4. I start every lesson with a thorough study of the Bible passage prior to looking at other resources.	
5. In addition to the Bible and curriculum provided by my church, I use commentaries and other helpful Bible study resources in lesson preparation.	
6. When studying a passage of Scripture for a lesson, I also study the context for that passage.	
7. I have knowledge of each book of the Bible, the author who wrote the book and a general idea of when the book was written.	
8. I know where to find Scripture to offer encouragement to those who are going through trials.	
9. I can explain some major doctrines of theology.	
10. I can share Scripture that explains God's gracious plan of salvation through His Son Jesus Christ.	
Study Life Total	
<b>Worship Life</b>	
1. I worship with other believers at least once a week.	
2. I not only worship the Lord through songs of praise, I worship through a lifestyle of obedience and sacrifice.	
3. I worship the Lord through stewardship of the resources which come from His hand.	
4. I worship the Lord through acts of service in my church and support of other ministries.	
5. I worship the Lord in my personal prayer time with words of adoration and songs of praise.	
6. I look for opportunities to teach about worship and encourage those I teach to engage in worship.	
7. I regularly read the Psalms to help me express my worship of the Lord.	
8. I have a regular time of devotion that includes Scripture meditation and prayer.	
9. I worship the Lord whenever I witness His great work in the lives of other people.	
10. I worship the Lord frequently because of the beauty of His creation.	

Worship Life Total	
Community Life	
1. My knowledge of God and my relationship with Him is growing in community with other believers.	
2. I place myself in a position of accountability to other believers who have the freedom to speak freely to me.	
3. I have significant friendships with other believers who help me grow spiritually.	
4. I seek to contribute to the spiritual growth of members of my personal family.	
5. I participate regularly in times of prayer, devotion and study with small group groups.	
6. I join with others in ministry work such as service to a local ministries and participation in mission trips to evangelize the lost.	
7. I seek to promote and coordinate group ministry efforts with members of my class or small group.	
8. I regularly teach my learners about the importance of koinonia (fellowship).	
9. I work with church leadership to promote ministry which allows believers to serve the Lord in community.	
10. I seek to provide my small group or class with social opportunities that help them live life together.	
Community Life Total	
Witness Life	
1. I tell unbelievers of the good news of salvation through Christ.	
2. I consistently share the gospel in my Bible study lessons.	
3. I teach members of my small group or class how to share the gospel.	
4. I look for opportunities to build relationships with unbelievers for the purpose of witnessing to them about my faith in Jesus.	
5. I pray about opportunities to be a witness for Christ.	
6. I participate in the outreach ministry of my church.	

7. I participate in, and/or support financially, short term mission trips for the purpose of sharing the gospel.	
8. I teach others about the importance of seeking to fulfill the Great Commission.	
9. My life is a witness of my faith in Jesus that can be clearly seen by neighbors, co-workers, classmates, and acquaintances.	
10. I pray for non-believers to accept Jesus as their Lord and Savior.	
Witness Life Total	
<b>Ministry Life</b>	
1. I serve in areas of ministry within my church.	
2. I look for places of service where I can exercise my spiritual gifts.	
3. I respond with mercy, compassion, and action when I become aware of legitimate and critical needs other believers.	
4. I encourage other believers to use their spiritual gifts and blessings from God to participate in ministry.	
5. I teach others about the commands of Jesus to love and serve others for His glory.	
6. I look for ministry opportunities for my small group or class members to participate in together.	
7. I regularly pray for opportunities to serve others.	
8. I financially support the ministries of my church	
9. I mentor other believers as way to encourage participation in church ministries.	
10. I am willing to do even the most menial tasks to meet needs and share the love of Christ.	
Ministry Life Total	

From Capturing God's Passion for Teaching. © Terry Lanford 2014.